



OhioGuidestone

WHERE NEW PATHS BEGIN

School Based Consultation and Mental Health Services



OhioGuidestone understands the impact of the COVID-19 pandemic on students and families. Our school-based consultant is able to provide support for a number of issues, including depression, anxiety, and stress.

Services Include:

- Consultation for individual student needs
- Consultation for teachers when addressing student needs or behaviors
- Individual and family counseling
- Psychiatry and psychological referrals
- Resource linkage for a variety of referral needs
- Crisis support and intervention
- Groups to enhance social skills and build social-emotional wellness of students

Services are available through teletherapy!

Teletherapy services use online videoconferencing technology, like Zoom, Skype or FaceTime, to connect individuals to the services they need.

Signs that a student may need help:

- Feelings of sadness
- Excessive worrying
- Changes in eating and sleeping patterns
- Difficulty focusing or concentrating
- Physical complaints such as stomachaches or headaches
- Isolation or withdrawal from social activities
- Irritability or anger
- Difficulty sleeping
- Academic problems



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